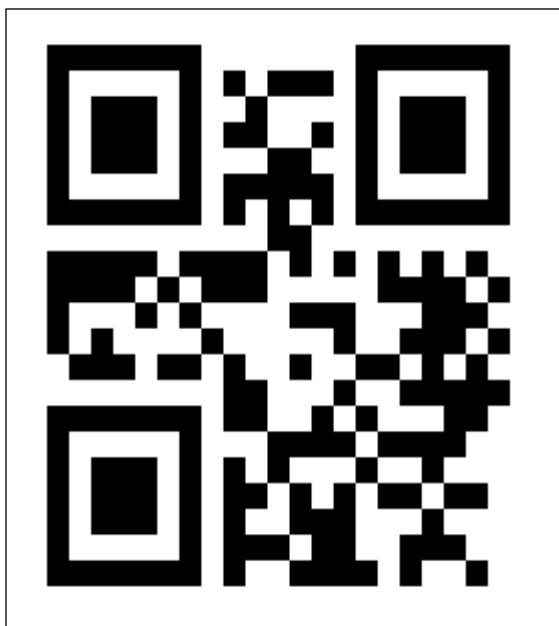




VETERANS
of SAFETY

2020

VOS Newsletter



Scan this QR code and go directly to the
vetsofsafetv.org website

Message from VOS Newsletter editor Warren K Brown, CSP, ARM, CSHM, FASSP:

Make sure to visit our website at <http://vetsofsafety.org/> to get more information about VOS. Have a good safe day.

*This Newsletter is intended for general information purposes only. It should not be construed as legal advice or legal opinion regarding any specific or factual situation or regulatory requirement. Articles represent the personal experience and opinion of the individual authors and not necessarily that of **Veterans of Safety**. Always follow your organization's policies and procedures as presented to you by your manager or supervisor. .*

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VETERANS OF SAFETY

AN INTERNATIONAL ORGANIZATION

Newsletter

VOS President's Addresses

Well here we are again at our annual face to face board meeting. How time flies. It has been an exciting year for our organization. I present today what I will call: The ***State of the Organization Speech***. I hope it will become an annual tradition.

I know personally I have learned a lot from you the members of the board. I still feel honored to be among such a group of world-class safety and health people. I come from very humble beginnings and have worked hard to make a contribution to the profession.

But I stand in awe of the many accomplishments of you folks, I don't own a company, I just work for an organization. I'm not on any national standards committees as many of you have been and still are. I have never held high elected office in our professional organizations, or was granted an opportunity to teach in a university, so you can see why I am so pleased to be in such auspicious company, and to have come to the point where I can call you friends as well as professional colleagues.

The improvements in our web site this year present a new face for the organization that promises a bright future to build on the strength of our past leaders. I have attempted to create a presence for us on other Social Media Platforms. This remains an unmet work-in-progress. My dream of collecting Oral histories is another Outreach I would like to pursue in the future.

We face a big challenge in that we must grow membership or we will cease as an organization due to attrition. But; we are on the verge of a great opportunity! The chance to find a permanent home for SHHOFI and to have our historic information archived and be available to like-minded young professionals, should excite us all.

I am pleased to report that we are a financially stable organization. We must however, be wise stewards of our resources for use on defined goals that will enhance our impact and ensure sustainability. With the acceptance of Darryl Hill on the board we are once again at full staff. We can utilize his knowledge, enthusiasm and contacts to reach out to here-to-fore unattainable stretch goals. I look forward to continuing in my new role as Past-President–Ambassador and stand ready as a willing volunteer to contribute to VOS in any way I can, under our next president. Outgoing president: Howard Spencer

Incoming President Mark Rater: Fellow Veterans of Safety,

It's hard to believe that 2019 has ended. My hope is that all of you have had a successful and rewarding year. The VOS board has been meeting on a regular basis and we completed the VOS annual face to face meeting in Kansas City on September 28th. We also continue to hold monthly meetings.

Three VOS board members (Warren Brown, Nigel Ellis & Darryl Hill) are now allowed to use the FASSP designation (Fellow of American Society of Safety Professionals) designation behind their names. Congratulations to them for recognition of outstanding work they have done in safety.

Summary of September 28th VOS Board Meeting:

Bylaw discussion about changes that were previously email to the board before meeting. These proposed changes pertained to proxy designations for meetings, local chapters and student chapters.

At the end of meeting we did a transfer of Presidency from Howard Spencer to Mark Rater. The term right now is for one year. Both the Secretary (Dave Sortore) and the Treasurer (Jack Hirschmann) agreed to continue to serve in these roles. Warren Brown agreed to serve as the Newsletter editor and Howard Spencer becomes Dean of Ambassadors.

A Memorial Service was conducted in memory of two members who have passed on. The members mentioned during this service were:

- Robert Marshall
- Clair Hay

Two representatives from UCM (University of Central Missouri) located in Warrensburg were asked to come to board meeting to discuss SHHOFI. Joanne Kurt-Hilditch PhD. Senior Director Missouri Safety Center & Dianna Bryant PhD. Associate Professor Crisis and Disaster Management & Director, Institute for Rural Emergency Management. Items discussed were:

- Consider UCM for an institutional home for the Safety and Health Hall of Fame. (SHHOFI)
- Discussions of UCM facilities and resources.
- SHHOFI materials reviewed that included documents, books, inventions, files, support data and 70 plaques.
- What UCM can offer us in an ongoing relationship

UCM representatives indicated a positive response regarding provision of logistical support for SHHOFI. We had a very open dialog on renewing our relationship and the history of SHHOFI / VOS.

As a follow-up on this topic, three board members (Mark Rater, Warren Brown & Howard Spencer) went to UCM Monday September 30, 2019. We had multiple meetings to discuss how we could work together and support each other. We also met with Amber R. Clifford-Napoleone, Ph.D. Director, McClure Archives and University Museum / Professor of Anthropology. All the meetings were very good and covered a lot of detail. The results of the in person visit to UCM was sent out via email and then discussed in-depth on our Oct 31st conference call. We have decided to move forward with making UCM the institutional home SHHOFI.

I'm asking all VOS members to consider sending articles to the board for possible inclusion on our newsletter and/or VOS website. It can be on a topic you are familiar with or a VOS current or past member that you would like to raise up. There is a great wealth of knowledge that our members have and it would be a shame to not document the great VOS members of the past. I'm looking forward to hearing from you and proud to serve you as the President of VOS.

Treasure's Report 2020

Jack B. Hirschmann
Treasurer

Jhirschmann@oberoncompany.com

VOS latest ASSPF Scholarship recipient: Kelsie Finch, GSP



"To the Board of the Veterans of Safety -

First off, I would like to say that my family and I are undeniably grateful that I was chosen as the recipient of the 2018 Veterans of Safety Scholarship – This scholarship helped during my final year at Indiana University, Bloomington while completing my last few courses to receive my undergraduate degree in Occupational Safety.

During my final year at IU, I attended the Future Safety Leaders conference, held a board position as the Treasurer for the Indiana University American Society of Safety Professionals student section, and worked extremely hard to achieve good grades while serving part time at a local Chilis.

While doing all of this, I was very fortunate to receive my Graduate Safety Practitioner certification as well as a safety consulting position at Safety Resources, Inc. right out of college.

Becoming a safety consultant as a young professional has been the most rewarding and challenging career as I've begun to apply the information I learned in my safety courses to the real world. I get to work with a wide range of clients, including field surveying, electrical contracting, and a variety of manufacturing companies. I love being a consultant because no two days are alike, and I'm getting to learn and see so many different industries and processes that relate to occupational safety. There is no better feeling than helping my clients determine innovative safety processes and while having their workers go home the same way that they come in each day.

In my mind, every day is a chance to grow professionally, to learn something new and to continue to strive for excellence. I encourage all students who aspire to become safety professionals to always try to find new ways to learn, ask many questions and never give up, even when times get tough – Use those tough times as motivation to push yourself and become better. All of your hard work will eventually pay off, I can promise you that.

Sincerely,

Kelsie Finch, GSP."

Thank you!

Kelsie

In the News

Howard W. Spencer, CSP, CHCM, CPSI and past president of **Veterans of Safety** was recently accepted as a member of the *ANSI Z490.1-2016 Criteria for Accepted Practices in Safety, Health and Environmental Training*

The ANSI/ASSP Z490.1 standard provides guidance on how to manage overall safety training programs, as well as criteria for developing training that incorporates adult learning principles. Learn to deliver training effectively, evaluate the outcomes and application of training on the job, and document the training to maintain compliance with company policies and regulatory mandates.

Congratulations Howard!

Thanks To Anna!

From: Howard W Spencer [<mailto:Hspencer@jamontgomery.com>]

Sent: Monday, August 19, 2019 10:59 AM

To: 'Anna Pancoast'

Subject: RE: Anna (Nigel's Office) Thank you

On behalf of the Board of Directors of the Veterans of Safety Organization, I wish to convey our heartfelt appreciation and thanks for the work you did on updating our WEB page. The layout and information presented create the first impression when someone visits a WEB page. Our pages had not been updated in a while, so some visitors may have mistakenly believed that we were not a vibrant group. That would be far from the truth, but since your fine work our WEB pages have a fresh, clean, crisp and current feel.

You took the myriad of materials we provided and produced a coherent content that provides a much improved overview of the activities of VOS. We are striving to attract new members and a clean, current WEB site is a great help. I sent out 8 invitation letters recently and all contain a request for prospective members to visit your updated pages and submit an application.

Again, your behind the scenes work is very important, and helpful. Thanks again.

Howard Talks Tech

What you need to know about fire doors and exit hardware

The main means of passive fire protection in buildings is to enclose areas with fire barriers. Fire barriers include fire doors, walls, ceilings, and floors. Barriers play an important role in managing a fire by stopping the spread of smoke, toxic gasses, and fire from one zone to another. The NFPA 101: *Life Safety Code* has strong regulations about fire doors because of their importance as passive fire protection devices.

Fire doors are fundamental to the integrity of barriers because if there is an opening, the fire barrier is broken. To minimize the break, fire doors must be self-closing have latching devices that provide resistance to the spread of fire, smoke, and toxic gasses. A labeled door must be hung on steel bearing-type hinges.

Not all doors are fire doors: Fire doors are composed of a combination of materials, including steel, gypsum and other fire-resistant materials. Fire doors must be certified by a recognized testing laboratory (such as UL) and must have the laboratory's certification label affixed to the frame and the door. Some fire doors are equipped with windows, which must also be certified. Fire doors must meet the requirements of **NFPA 80, Standard for Fire Doors**

When are Fire Doors needed?

- Where a door has an EXIT sign on or above it
- Where a door leads to exit stairwells and horizontal exits
- Where a door leads to a hazardous area such as boiler rooms or flammable storage areas

Fire Door Ratings: Steel fire doors are “rated” by time (in minutes or hours) that a door can withstand exposure to fire test conditions. Hourly ratings include 1-1/2-hours, 1-hour, 3/4-hour, and 1/3-hour, with the maximum rating required of any side-swinging type fire door being 3 hours. Doors are rated for three-fourths of the rating of the surrounding wall: A 3-hr door is used in a 4-hr rated wall; a 1-1/2-hour fire door is used in a 2-hr rated wall; and a 3/4-hour door is used in a one-hr rated wall.

Fire exit doors must be side hinged. If a door is blocked open for the convenience of employees, it creates a significant fire hazard for all occupants because of the break in the fire barrier. OSHA regulations require that fire doors not be blocked open, [29 CFR §1910.36 (a) (3)]. Doors that are designed to be fire exit doors can be held open by electromagnetic release devices because they are the only ones which will close quickly enough to prevent the passage of the toxic gases and smoke. Even when closed, fire doors should never have their latch taped over; during a fire, hot gases can easily build up enough pressure to cause fire doors to blow open. “Panic hardware” can be “dogged” open allowing free passage. Panic hardware is not permitted on fire exit doors which must re-latch.

Based on *NFPA 80, Standard for Fire Doors* (2007 edition), documented inspections for fire-rated door assemblies are now required. Chapter 5.2.1 states “Fire door assemblies shall be inspected and tested not less than annually, and a written record of the inspection shall be signed and kept for inspection. Who is responsible for the maintenance and care of fire-rated door assemblies? Responsibility rests solidly on the shoulders of the building owner. Owners will have to decide if, when, and what corrective actions will be taken; otherwise they will run the risk of being cited for violations.

Provided by Howard Spencer, CSP

OSHA Interpretation of 29 CFR 1910.23(b)(12)

Submitted By Nigel Ellis, PhD, CSP, FASSP



JUN 5 2019

Dr. J. Nigel Ellis
Ellis Fall Safety Solutions, LLC
Div. of DSC
306 Country Club Drive
Wilmington, Delaware 19803

Dear Dr. Ellis:

Thank you for your letter to the Occupational Safety and Health Administration (OSHA) Directorate of Enforcement Programs regarding 29 CFR 1910.23(b)(12). This letter constitutes OSHA's interpretation only of the requirements herein, and may not be applicable to any question not delineated within your original correspondence. Your letter requests clarification of the requirement under 29 CFR 1910.23(b)(12) that each employee use at least one hand to grasp a ladder when climbing up and down it. Your paraphrased question and OSHA's response are below.

Question: Under 29 CFR 1910.23(b)(12), are employees required to grasp the horizontal (round or D-shaped) rungs of a ladder when climbing up and down it?

Response: 29 CFR 1910.23(b)(12) requires employees to use at least one hand to grasp the ladder when climbing up and down it, but does not require employees to grasp a specific portion of the ladder, such as the horizontal rungs. The intent of 29 CFR 1910.23(b)(12) is for employers to ensure that workers maintain "three-point contact" (i.e., three points of control) with the ladder at all times while climbing. OSHA considers that grasping the ladder on horizontal rungs is preferable, and encourages employers to follow this practice. However, OSHA also recognizes that there may be times when it is necessary for employees to hold the side rails. Consequently, 1910.23(b)(12) does not require that employees grasp a specific portion of the ladder, such as the horizontal rungs, when climbing up and down it.

Thank you for your interest in occupational safety and health. We hope you find this information helpful. OSHA's requirements are set by statute, standards, and regulations. Our letters of interpretation do not create new or additional requirements but rather explain these requirements and how they apply to particular circumstances. This letter constitutes OSHA's interpretation of the requirements discussed. From time to time, letters are affected when the Agency updates a standard, a legal decision impacts a standard, or changes in technology affect the interpretation. To assure that you are using the correct information and guidance, please consult OSHA's website at

<http://www.osha.gov>. If you have further questions, please feel free to contact the Directorate of Enforcement Programs at (202) 693-2100.

Sincerely,

A handwritten signature in black ink, appearing to read "Patrick J. Kapust", with a long, sweeping horizontal line extending to the right.

Patrick J. Kapust, Acting Director
Directorate of Enforcement Programs

S, H & E Information Update

Edited by Warren K Brown, CSP, ARM, CSHM, FASSP

Health Effects of Exposure to Blue Light

ANSES the French Agency for Food, Environmental and Occupational Health and Safety has issued an updated opinion on the health effects of light emitting diodes (LED). Data confirms the toxicity of blue light which is short wavelengths emitted by LED's. Workers that have high potential exposure such as medical professionals, artists and agri-food facilities operators among others should limit exposure and be made aware of the issues. The opinion may be accessed at <http://bit.ly/ansesbluelight>.

Military Branch becomes Military Practice Specialty at ASSP

With over 1200 members it provides networking opportunities for those who have like backgrounds. Visit <https://bit.ly/2KM2Upp> for more details and opportunities.

Hand Safety at Work Campaign

The International Safety Equipment Association (ISEA) has created campaign to help improve hand safety in the workplace. Hand injuries have resulted in an increasing number of lost workdays in private industry. OSHA statistics indicate that many could have been prevented by simply wearing gloves or the right type of gloves. For more information go to <http://safehandsatwork.org>.

Farm Machinery Operators Suffering High Exposure to Whole-Body Vibration

Whole -body vibration can lead to back pain. A University of Iowa study of ATV's, tractors, forklifts and combines indicated that many times operators were exceeding acceptable levels of whole-body vibration. Seat suspension systems didn't seem to help reduce exposure. ATV's were especially rough on operators. The NIOSH funded study can be read at <https://bit.ly/2LUqGng>.

Work Stress may Contribute to Weight Gains

The University of Georgia conducted a study of workers whether they felt exhausted as a result of their work as well were they eating properly and exercising. The results were that heavier workloads seemed to lead to unhealthy eating habits. As we get overly stressed at work, we tend not to make good eating decisions. The study was online in the May 30, 2019 edition of the "Journal of Health Psychology".

Food Truck Issues with Propane Tanks

Propane is used on many food trucks for the cooking heat source. WorkSafeBC created a safety bulletin to provide the food truck operators some guidelines to assure they are handling propane in a safe manner. You can view at sh-m.ag/2Ql3PzH.

BLS reports private sector nonfatal injury & illness rate unchanged in 2018

The private sector nonfatal injury & illness rates stopped declining in 2018. These rates had been declining essentially every year since 2003 with flat spot in 2011-2012. The rate had jumped from 89.4 in 2017 to 89.9 in 2018 per 10000 full-time workers. Also, they started reporting cases requiring days away from work (DAFW). To further study this data from the BLS go to www.bls.gov/news.release/osh.nr0.htm.

OSHA inspection process and procedures-new video

The video describes the inspection process as well as the reasons for the inspection. Inspection steps such as opening, walk around and closing. Reasons mentioned are imminent danger, fatals, hospitalizations, worker complaint and target inspections among others. OSHA, for example can use enforcement or compliance assistance to help employers achieve a safe workplace. The YouTube video can be used to inform employers and employees as to the process and it is only five minutes long. To view the video, go to youtube.com/watch?v=HA6bixDzeLY.

Building designers now have app to help find potential construction hazards in the design phase

The app increases awareness of potential construction hazards before construction begins. There was a significant increase in the number of hazards identified by using the app during the research event. The visual aspect of the app was especially helpful to new designers. It takes advantage of experienced designer's knowledge to basically achieve continuous improvement. If interested visit <http://bit.ly/2rsnHs0>

NIOSH travel planner prepares travelers for H & S risks associated with travel

Information is provided on all phases of the travel process with checklists to help understand the specific concerns to be addressed by the traveler. Worldwide travelers face a lot of issues to address prior to, during and after the trip. These activities are different depending on where you are traveling to and how long the trip will last. To review the planner, go to <http://bit.ly/2O>.

Workers overexposed to silica during fire debris cleanup

NIOSH health hazard evaluation of employees cleaning up after California fires were overexposed to crystalline silica among other chemical hazards. These exposures are not limited to forest fire areas but any type of fire cleanup. Recommendations include proper PPE and water spray in the case of silica. To read the report go to <http://bit.ly/hhefiredebris>.

VOS Scholarship managed by the ASSPF

As you all know the VOS has created a VOS Scholarship thru the American Society of Safety Professionals Foundation. Our current investment generates an annual \$1000 scholarship.

To increase this to an annual \$1500 scholarship would require an additional investment of approximately \$10000.

We are asking that you, our members, consider increasing your personal contribution to our ASSPF scholarship fund. It is a tax deductible contribution and if you are required to make an annual RMD of your IRA you can have your IRA financial manager cut a check made out to the VOS or ASSPF and avoid the taxes and reduce your reportable income. If you have questions on this process check with your financial advisor for details.

Thanks in advance for your consideration on this important matter!

2019 Event Pictures



VOS Board members at
ASSP PDC New Orleans
June 2019

Nigel Ellis, Daryl Hill &
Warren Brown



ASSP PDC New
Orleans June
2019 VOS
members:
Howard Spencer
& Warren Brown



ASSP PDC New
Orleans June 2019
VOS Members
Warren Brown &
James Newberry



ASSP PDC New
Orleans June 2019
VOS Members:
Warren Brown &
Chris Gates



ASSP PDC New
Orleans June 2019
VOS Member Nigel
Ellis



Veterans of Safety
Annual Meeting

Kansas City, MO

September 28, 2019



VOS Annual Board
Meeting: Joanne Kurt-
Hilditch, PhD and
Dianna Bryant, PhD,
representing University
of Central Missouri :
Dave Sortore VOS
Secretary discussing the
SHHOFI issue along with
rest of Board



VOS Board Members: Mark Rater, Incoming VOS President; Warren Brown, Ambassador; Howard Spencer, Outgoing VOS President and Dean of Ambassadors; Nigel Ellis, Ambassador; Dave Sortore, Secretary; Wendell Wahlstedt, Ambassador



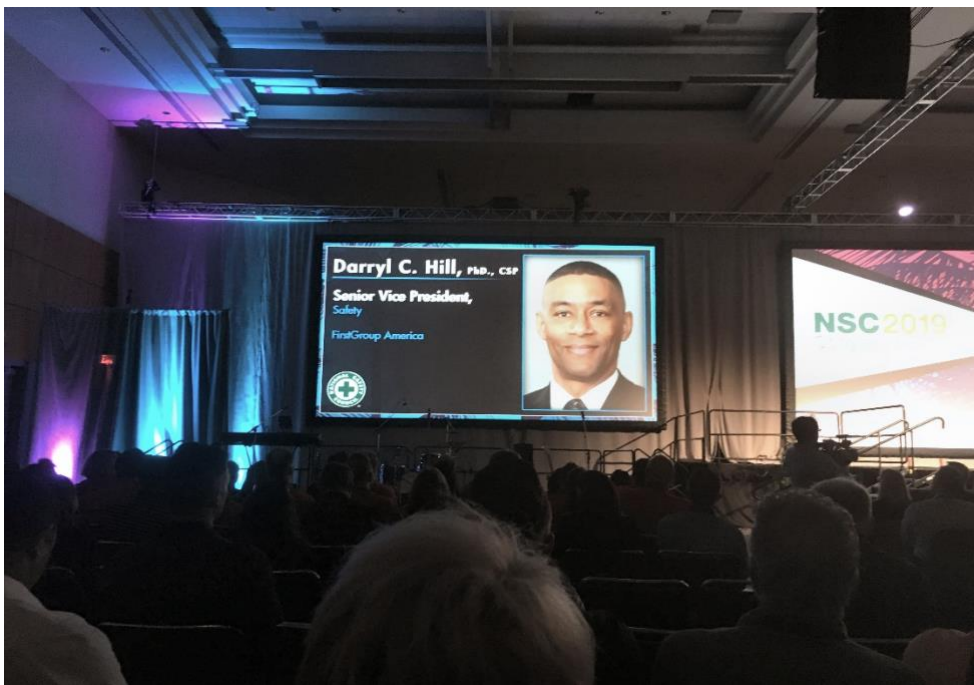
VOS/UCM Meeting at UCM Library
September 30, 2019:
Dianna Bryant, Amber Clifford-Napoleone, Joanne Kurt-Hilditch, Mark Rater, Warren Brown & Howard Spencer



Dr. Marshall SHHOFI display in
the Missouri Safety Center
Marshall building

UCM- Warrensburg, MO





New VOS Board member earned the National Safety Council's Distinguished Service To Safety Award (DSSA) at NSC Congress in San Diego September 2019



Lorraine Martin, President and CEO NSC Congratulates Darryl for receiving the DSSA at NSC Congress 9/19 San Diego



Three current VOS Board members are DSSA Winners:

Warren Brown, 1972

Darryl Hill, 2019

Nigel Ellis, 2007



VOS Board member and Treasurer Jack Hirschman at his Company Booth at the 9/19 NSC Congress, San Diego along with fellow VOS Board members and Ambassadors Warren Brown and Nigel Ellis

VOS Oral History Project

Questionnaire

1. Your Name: _____ Today's Date: ____/____/201____

2. How did you begin in the EH&S business? When? ____/____/____

3. What was your primary industry type? _____

4. What motivated you to stay in the profession?

5. Tell us about your greatest achievement

6. What lessons did you learn? Your legacy, Please share.

7. Anything else you wish to share? Awards won, greatest achievement etc.

If you have more to contribute on any question please use reverse side, include question # and check here. ____
Return this paper to: H. Spencer: 302 Cinnabar Lane, Yardley PA 19067 or fax to 856-552-4755. Thank You



Greetings fellow EHS professional;

I am writing you this brief letter to invite you to consider joining the Veterans of Safety Organization. Veterans of Safety was founded October 9, 1941. We are an international professional association for individuals with at least 10 years of experience as a safety professional. No Military experience is required for membership. Our mission is the promotion of safety, health, and environmental awareness by using and making available the lifetime experience of professionals throughout the world. Our activities include:

- Annually sponsoring a student by granting a scholarship donation through the ASSP Foundation.
- Providing informative newsletters to members several times a year.
- Establishment of the Safety and Health Hall of Fame - 71 members Inducted:

Safety and Health Hall of Fame International (SHHOFI) Established 1986

The concept of SHHOFI was first considered during the annual meeting of the Veterans of Safety (VOS) in 1984. The overall objective was to develop an organization that could provide a living legacy for outstanding safety and health professionals who have given unselfishly to freeing the world of recognized hazards. During the discussion, an ad hoc committee was appointed for the purpose of furthering that concept and to determine an appropriate site for housing a "Hall of Fame." After much research and discussions the ad hoc committee recommended Central Missouri State University (CMSU) (now University of Central Missouri 2006) as the home for SHHOFI. During January 7-9, 1986 a meeting of VOS, was held in Warrensburg, MO to establish SHHOFI at CMSU. On March 26, 1986, SHHOFI was officially established. During the June 2016 VOS Board Meeting the Board voted unanimously to assume administrative, financial and historical responsibility for SHHOFI. As we begin our 79th year we are continuing to seek new members. Our ranks are from those who have seen the struggles first-hand and want to mentor the next generation of professionals. **Attrition** is taking a toll on our members. Only the truly committed stay in the fight for this is not, in my opinion, just a job it is truly a vocation that we are called to and one in which only the dedicated stay. Without people like you, our nation would not be the economic powerhouse it is; because you have done your part in protecting America's human capital. You are receiving this letter because I or one of the board of directors sought you out as a good prospect to enhance the VOS membership. Please go online at WWW.Vetsofsafety.org and fill out an application. I am certain that you will find us to be a great group of like-minded individuals seeking to grow in association with you. If you have questions contact me at: Hspencer@JAMontgomery.com



Thank you

Howard Spencer

Dean of Ambassadors

VOS By Laws Changes Proposal (**Action Required**)

VETERANS OF SAFETY INTERNATIONAL PROPOSED BY LAWS REVISION

The Veterans of Safety Board of Directors recommends that you approve three changes to the organization's By-Laws. These changes are detailed below.

Item One. This change would insert a new section in Article VIII. Meetings, to allow an individual officer or director who is unable to attend a meeting to designate a proxy for that meeting. The proposed new section is shown below in italics.

5. Proxy. Directors and Officers, who are not able to participate in any called Board of Director's meeting, may elect to authorize another Director or Officer to act for them during that meeting. This authorization may be granted by the use of an email granting blanket proxy authority or proxy authority for a particular agenda item. This proxy should be coordinated with the Director/Officer receiving the proxy. The proxy should be transmitted not less than five working days before the date of the meeting. The individual receiving the proxy, the President, and the Secretary shall receive copies of the proxy. A proxy is only effective for the meeting for which it is issued.

Item Two. This change would remove the current details of chapter organization and the relationship between the chapter and the parent organization from Article XIV of the By Laws and replace them with a statement that these organizational and relationship details will be developed and approved by the Board of Directors if and when there is a desire to form a chapter. Currently, there are no chapters.

Item Three. This change would remove the current details of student chapter organization and the relationship between the student chapter(s) and the parent organization from Article XV of the By-Laws and replace them with a statement that the organizational details and relationships will be developed and approved by the Board of Directors when there is a desire to form a student chapter. Currently, there are no student chapters.

ITEM	YES	NO
Item One		
Item Two		
Item Three		

INSTRUCTIONS: Mark this ballot and send it to Chris Gates, VOS Teller, 6683 Osbun Rd., San Bernardino, CA 92404 OR

Scan your marked ballot and email it to Chris Gates at cgates1@roadrunner.com OR send Chris an email with your ballot instructions.

Please respond by March 31, 2020.